

The Brisbane Rape and Incest Survivors Support Centre are excited to host  
**Vikki Reynolds over 2 days.**

**WORKSHOP 1: 25<sup>th</sup> July - Resisting Burnout with Justice-Doing**

**WORKSHOP 2: 26<sup>th</sup> July - Resisting & Transforming Rape Culture: Innovative Responses to Oppression, Suffering and Trauma**

**Venue:** Visible Ink, Fortitude Valley | **Cost:** \$160 each workshop |

**Registrations:** Contact [admin@brissc.org.au](mailto:admin@brissc.org.au) or 07 3391 2573



*“Locating sites of resistance, and witnessing the resistance capacities of the people we work alongside, can create identities of knowledge, autonomy and strength, as opposed to victim/survivor identities, or other spoiled identities”.*

**Vikki Reynolds** PhD RCC is an activist/therapist who works to bridge the worlds of social justice activism with community work & therapy. Vikki is a white settler of Irish, Newfoundland and English folks, and a heterosexual woman with cisgender privilege. Her experience includes supervision and therapy with refugees and survivors of torture, sexualized violence counsellors, mental health and substance misuse counsellors, housing and shelter workers, activists and working alongside gender and sexually diverse communities. Vikki teaches with VCC, UBC, Adler University and with City University of Seattle, Vancouver. She has written and presented internationally on the subjects of resistance to 'trauma', ally work, justice-doing, a supervision of solidarity, ethics, and innovative group work. Vikki's book *Doing Justice as a Path to Sustainability in Community Work*, is available free on her website along with articles and addresses ([www.vikkireynolds.ca](http://www.vikkireynolds.ca)).

## **Resisting Burnout with Justice Doing**

**Monday, 25 July 2016 9:30am - 4:30pm**

Those working with people struggling with poverty, violence and oppression are often told that they will “burn out”. This experiential workshop will address our collective ethics and practices of Collective Care as opposed to self-care. Workers will be invited to begin to build their own “Solidarity Team”; examining who stands alongside them, what ideas and practices sustain them, and how they might access support when burnout attacks. In this experiential workshop participants will:

- Consider alternative understandings of ‘trauma’, including seeing PTSD as a potential site of resistance;
- Explore their own acts of resistance against power-over and domination;
- Learn how to structure safety for therapeutic conversations as a foundation of the work;
- Develop witnessing practices that offer new meanings of traumatic past events;
- Learn collective practices to resist “vicarious trauma” and “burn out” in our work and enact collective care.

## **Resisting & Transforming Rape Culture: Innovative Responses to Oppression, Suffering and Trauma**

**Tuesday, 26 July 2016, 9:30am - 4:30pm**

In this experiential workshop Vikki will address our collective work to resist and transform Rape/Violence against Women Culture. We will address the structural oppressions that create the conditions for this on-going oppression, and discuss ethical stances for this work that hold the people who have suffered assault at the centre, alongside a call to account, responsibility and compassionate response to people who enact violence.

In responding to sexual violence, Vikki will explore ways to honour the wisdom of the people we work alongside in their responses to trauma. We will look closely at the language that is used to disguise the violence of sexualized assault, and the liberatory ways we can use language accountably and effectively. There will be practice examples and stories and writings from clients who have consented to share their stories in an effort to contribute to resisting and transforming rape culture.