

**TRAINING** 

with Vikki Reynolds

FEBRUARY
17th & 18th
9-4

ABBOTSFORD COMMUNITY SERVICES

**JASBIR SARAN ROOM** 

COME JOIN US!...

## CREATIVE RESPONSES TO TRAUMA AND SUFFERING & RESISTING BURNOUT THROUGH JUSTICE DOING

In this workshop, internationally known presenter, Vikki Reynolds, PhD, offers an alternative approach to work with 'trauma' by witnessing practices, structuring safety as the foundation of the work, alternative understandings of the way trauma works, and the connection of private pain with public issues.

"Staying amazingly alive in community work over the long haul requires a rich engagement with our collective ethics and spirited relations of solidarity." - Reynolds

Vikki will offer learnings from decades of activist informed therapeutic work with people who are marginalized and suffer from abuses of power and structural oppression, including survivors of torture and sexualized violence. Her approach to this work invites workers to take positions for justice-doing and against neutrality, and consider the complexities of "trauma" from a social justice frame. Stories of inspiration and transformation of clients and workers that are evoked in this approach counter the prescription for burnout or vicarious trauma.



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