



Brief Narrative Therapy Training and Research

Oakville, Ontario • Galveston Island, Texas

*... honouring their wisdom, alongside them creating  
identities of knowledge, autonomy and strength ...*



# **Trauma & Resistance:**

***Innovative Responses to Oppression, Violence and Suffering***

Internationally Known Presenter

**Vikki Reynolds Ph.D**

February, 4th & 5th, 2016

**Oakville, Ontario**

*Only steps away from Oakville Go-train Station*

***[www.windzinstitute.com](http://www.windzinstitute.com)***

# **Trauma & Resistance:**

## **Innovative Responses to Oppression, Violence and Suffering**

**February 4 & 5, 9:00 a.m. to 4:00 p.m.**

In this experiential workshop, internationally known presenter, Vikki Reynolds, PhD, offers an alternative approach to work with 'trauma', from a decolonizing anti-oppression stance, which focuses on the resistance of victims of violence and oppression. Honouring the wisdom of the people we work alongside in their responses to trauma brings forward their agency and wisdom. Locating sites of resistance, and witnessing the resistance capacities of the people we work alongside, can create identities of knowledge, autonomy and strength, as opposed to victim/survivor identities, or other spoiled identities. An activist analysis resists the neutral and medicalized language of 'trauma', and names the contexts of social injustice that create the conditions for suffering.

Vikki will illustrate a witnessing approach to therapy using practice examples and will outline witnessing practices, structuring safety as the foundation of the work, alternative understandings of the way trauma works, and the connection of private pain with public issues.

### ***In this experiential workshop participants will:***

- Consider alternative understandings of 'trauma', including seeing PTSD as a potential site of resistance.
- Explore their own acts of resistance against power-over and domination
- Learn how to structure safety for therapeutic conversations as a foundation of the work
- Develop witnessing practices that offer new meanings of traumatic past events
- Learn collective practices to resist "vicarious trauma" and "burn out" in our work and enact collective care
- Consider an Ethical Stance for Justice-doing in our community work, including the political responsibility and ethical concerns of front-line workers.

# Vikki Reynolds PhD RCC. Biography

**Vikki Reynolds PhD RCC** is an activist/therapist who works to bridge the worlds of social justice activism with community work & therapy. Vikki is a white settler of Irish, Newfoundland and English folks, and a heterosexual woman with gender privilege. Her experience includes supervision and therapy with refugees and survivors of torture, sexualized violence counselors, mental health and substance misuse counselors, housing and shelter workers, activists and working alongside gender and sexually diverse communities. Vikki teaches with VCC, UBC, Adler University and with City University of Seattle, Vancouver. She has written and presented internationally on the subjects of resistance to 'trauma', ally work, justice-doing, a supervision of solidarity, ethics, and innovative group work. Vikki's book *Doing Justice as a Path to Sustainability in Community Work*, is available free on her website along with articles and addresses ([www.vikkireynolds.ca](http://www.vikkireynolds.ca)).



# REGISTRATION FORM

To register, complete one form per person and send to: windz@rockonline.ca or fax to 905-339-3513, or mail to ROCK at 504 Iroquois Shore Road, Unit 12A, Oakville, ON., L6H 3K4

LOCATION: Holiday Inn Oakville Centre 590 Argus Road, Oakville, Ontario. L6J 3J3

Travel by car and park free at the Holiday Inn Travel by Go-train and walk only a few metres to the Holiday Inn

Name: \_\_\_\_\_ Position/designation: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: Home/ Business \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-Mail: \_\_\_\_\_

☐ Please notify me of future training.

Registration fee: **\$375**

**February 4 & 5, 2016**

## GROUP / STUDENT RATE

Registrations of six or more mailed in one envelope with one payment will receive a 10% discount. Students receive a 10% discount and must be in full-time attendance in a recognized program. A copy of the student I.D. card must accompany the registration.

METHOD OF PAYMENT: Payment must be made by cheque or credit card (Visa or Mastercard) and must accompany the registration form.

Cheques to be made payable to: Reach Out Centre for Kids Foundation, I wish to pay by: Cheque/Visa/Mastercard

Total Fee Enclosed: \_\_\_\_\_ Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_ Name On Card: \_\_\_\_\_

Signature: \_\_\_\_\_

CANCELLATION POLICY ROCK reserves the right to cancel workshops due to under-enrolment, instructor illness or inclement weather. If a workshop is cancelled, ROCK is responsible for refunding only the tuition payment. For a refund, a notice of cancellation must be received in writing 14 days prior to the workshop date. After that time a credit may be issued, which may be applied to a future workshop of similar value. This credit must be used within one year of date of issue. An administration fee of \$40 will be charged for cancellations. We are not able to offer a credit if you do not notify us by the day of the workshop.

Onsite restaurant and many local restaurants nearby Special Holiday Inn Room rates: \$109.00 for a standard room or \$119.00 for a standard room including a hotel breakfast buffet for up to 2 people per room. Call 905-842-5000.



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